A Proof of Eq.(18)

Equation (18) is

$$9L_n = 3L_{n-1} + 6M_{n-1}.$$
 (1)

This can be derived by the straightforward calculation using the inverse of L. But there is more easy method which uses the solution of

$$\begin{pmatrix} \Phi \\ \Phi \\ \Phi \end{pmatrix} = \begin{pmatrix} L & M & M \\ M & L & M \\ M & M & L \end{pmatrix} \begin{pmatrix} I_1 \\ I_2 \\ I_3 \end{pmatrix}.$$
 (2)

The solution of the above simultaneous equations is

$$\left(\begin{array}{c}
I\\
I\\
I
\end{array}\right),$$
(3)

where $I = \Phi/(L + M + M)$. Therefore, the summation of Eq.(2) is

$$3\Phi = (3L + 6M)I. \tag{4}$$

Using the above relation,

$$\Phi = \frac{3L + 6M}{9} 3I = \frac{3L + 6M}{9} \sum_{i=1,3} I_i$$
(5)

is obtained. Since 3I is the current of the upper layer, the coefficient (3L + 6M)/9 is the inductance of the upper layer. Hence, Eq. (18) is satisfied.